

## A SELECTION OF THE DISHES PRODUCED FROM THE

### P3A COOKERY CLUB

If you would like any of the full recipes please email Jo Burges on: [geoff.joanna@gmail.com](mailto:geoff.joanna@gmail.com) Tel 99175988

If you would like to join the group, telephone after you have read all the details on the website.

<b>THEME</b>	<b>DISHES</b>
ALLEERGY FREE	Avocado & Chocolate Mousse Beetroot, Fennel & Broad Ben Salad Falafel & Dips Indian Chopped Salad Perfect Popcorn Carrot, Orange & Cashew Nut Salad Skoudalia Sweet Potato & White Bean Chilli Roast Capsicum & Sweet Potato Frittata
AMERICAN	Kansas City Fritters Keylime Pie & Muffins Meat Loaf Pulled Pork Corn Bread & Cobb Salad
CHINESE	5 Spice Chicken Corn & Chicken Soup Chinese Buns Hung Shao Pork & Stir Fry Prawn Toasts Cashew Nut Chicken Chinese Chicken Manchurian Fortune Cookies
FRENCH	Basque Chicken Duck a L'Orange Tapenade & Entrecote Bretoisais Vichyssoise Tarte au Citron Tarte a la Ratatouille Marquise au Chocolate
ITALIAN	Arancini Aubergine Parmiginai Chicken Risotto Rabbit Casserole Zucchini al Ameretto Raspberry Tiramisu Panna Cotta
FUSION	Butternut Squash Chutney Spicy Chicken Burgers Chai Shortbread Guinness Brown Bread Pumpkin & Apple Soup

PERSIAN

Persian Rice Pudding  
Sabrinia Ghayour  
Tahchin Jooheh  
Yoghurt chicken & Rice Cake

PICNIC FOOD

Double Fudge Brownies  
Terrine  
Tortilla  
Sweet Potato Muffins

VEGETARIAN

Beetroot Humous & Flat Breads  
Fig Ice Cream  
Vegan Chocolate Cake  
Sweet Potato, Chick Pea & Cashew Nut Casserole  
Potato Cakes with Roasted Peppers  
Pepper Soup